

www.tricare.mil/trs

## TRICARE Plans

- TRICARE Prime
- TRICARE Prime Remote (TPR)
- TRICARE Prime Overseas
- TRICARE Prime Remote Overseas
- TRICARE Standard and Extra
- TRICARE Standard Overseas
- TRICARE For Life (TFL)
- TRICARE Reserve Select (TRS)**
- TRICARE Retired Reserve (TRR)
- TRICARE Young Adult (TYA)
- US Family Health Plan

## TRICARE Reserve Select (TRS)

TRICARE Reserve Select (TRS) is a premium-based health plan available worldwide for qualified Selected Reserve members of the Ready Reserve and their families.

### Eligible Beneficiaries

TRICARE Reserve Select is available to the Ready Reserve (and their families) who meet the following criteria:

- Not on active duty orders
- Not covered under the Transitional Assistance Licensure Agreement (TALA)
- Not eligible for or enrolled in the FEHB (Federal Employees Health Benefits of Title 5 U.S.C.) or currently covered under another health plan, including TRICARE Reserve Select, by eligibility or through a family member.

Note: Those members in the Individual Ready Reserve Voluntary Training Units (VTU) do not qualify to purchase TRICARE Reserve Select.

### Availability

Worldwide

### Coverage

TRICARE Reserve Select provides comprehensive health coverage including:

- Emergency Care
- Outpatient Visits
- Preventive Care (wellness exams, immunizations, etc.)
- Hospitalization
- Maternity Care
- Mental/Behavioral health
- Prescriptions

[Print](#) | [Need Larger Text?](#)

### Your Contacts

**North-Health Net**  
1-877-TRICARE  
(1-877-874-2273)  
[www.hnfs.com](http://www.hnfs.com)

Click on [www.hnfs.com](http://www.hnfs.com) or type the address into the browser

### Overseas-International SOS

Country-specific toll-free numbers  
[www.tricare-overseas.com](http://www.tricare-overseas.com)

[View More Contacts](#)

### Related Web Sites

- [Reserve Component Purchased TRICARE Application](#)
- [Guard-Reserve Points of Contact](#)



# Committed to Providing Quality Health Care Services

## TRICARE® North Region

I'm a Beneficiary

I'm a Provider

I'm a Department of Defense Member

Log In or Register

Learn More

## Department of Veterans Affairs

Recovery Audits

Community Based Outpatient Clinics

Rural Mental Health

Learn More

## Products and Services

Behavioral Health

State Programs

OHS Direct Clinical Services

Learn More

Click on **I'm a Beneficiary**

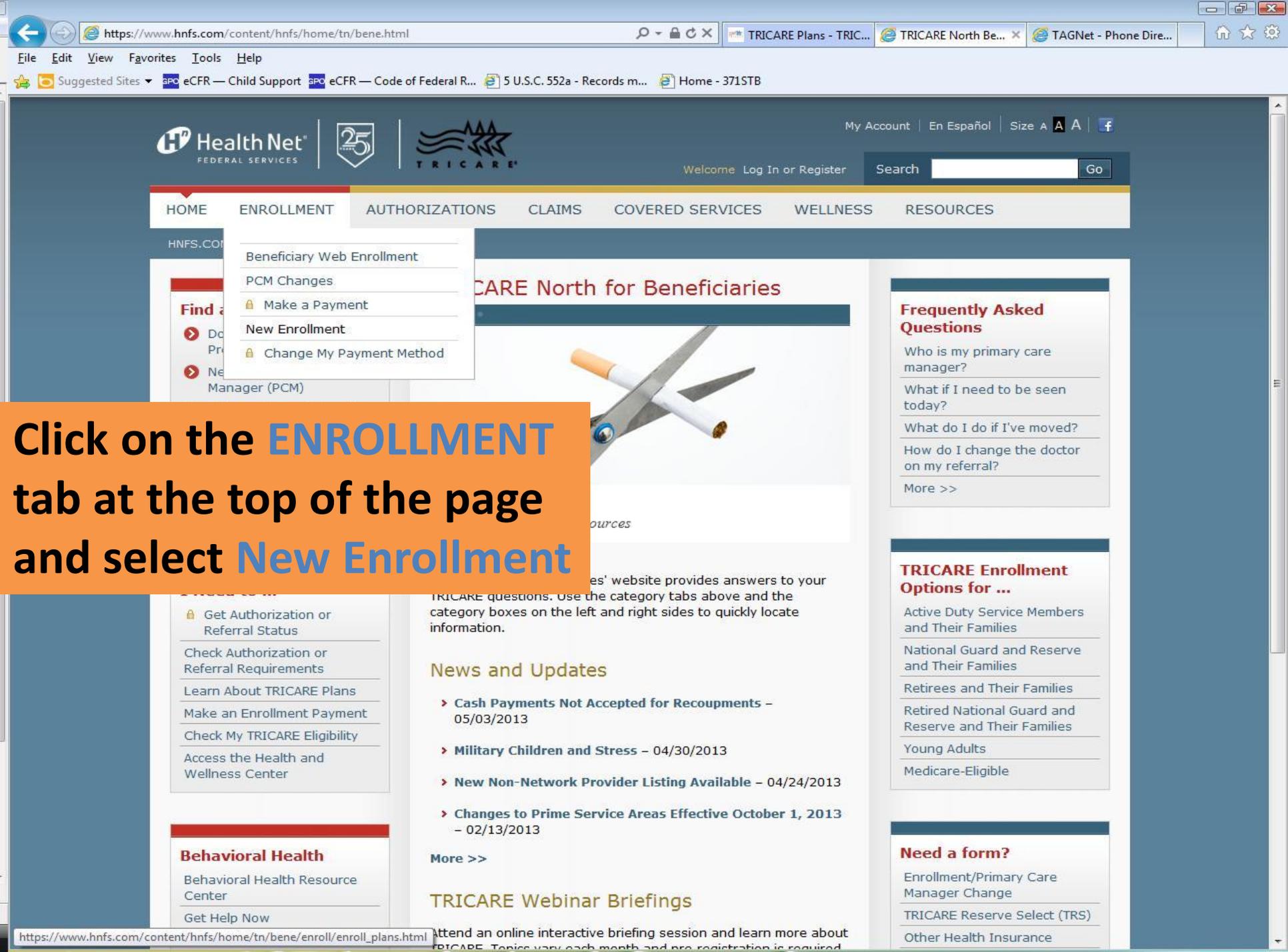
### Latest News

- ▶ **Health Net Federal Services Earns Center of Excellence Certification from BenchmarkPortal** 4/30/2013
- ▶ **Health Net Working to Reduce High Rates of Diabetes Among Hispanics** 4/08/2013
- ▶ **Health Net Federal Services Sponsors National Disabled Veterans Winter Sports Clinic in Snowmass Village, Colorado** 4/01/2013
- ▶ **New Online Authorization and Referral Tools Coming in April** 3/25/2013
- ▶ **Health Net Urges Parents to Start Children's Healthy Eating Habits While They're Young** 3/07/2013
- ▶ **Health Net Federal Services Hosts Month-Long Colorectal Cancer Awareness Campaign Among Military Communities** 3/05/2013

[View Recent Press Releases and Archive](#)



**May Is Mental Health Month**



- Beneficiary Web Enrollment
- PCM Changes
- Make a Payment
- New Enrollment
- Change My Payment Method

Click on the **ENROLLMENT** tab at the top of the page and select **New Enrollment**

### TRICARE North for Beneficiaries



#### Frequently Asked Questions

- Who is my primary care manager?
- What if I need to be seen today?
- What do I do if I've moved?
- How do I change the doctor on my referral?
- More >>

#### TRICARE Enrollment Options for ...

- Active Duty Service Members and Their Families
- National Guard and Reserve and Their Families
- Retirees and Their Families
- Retired National Guard and Reserve and Their Families
- Young Adults
- Medicare-Eligible

#### News and Updates

- Cash Payments Not Accepted for Recoupments – 05/03/2013
- Military Children and Stress – 04/30/2013
- New Non-Network Provider Listing Available – 04/24/2013
- Changes to Prime Service Areas Effective October 1, 2013 – 02/13/2013

More >>

#### TRICARE Webinar Briefings

Attend an online interactive briefing session and learn more about TRICARE. Topics vary each month and pre-registration is required.

#### Behavioral Health

- Behavioral Health Resource Center
- Get Help Now

#### Need a form?

- Enrollment/Primary Care Manager Change
- TRICARE Reserve Select (TRS)
- Other Health Insurance

- Check Authorization or Referral Requirements
- Learn About TRICARE Plans
- Make an Enrollment Payment
- Check My TRICARE Eligibility
- Access the Health and Wellness Center

**Behavioral Health**

- Behavioral Health Resource Center
- Get Help Now
- Find a Counselor
- Post-Traumatic Stress Disorder (PTSD)
- Warrior Care Support Program
- More >>



Disenrolling from TRICARE Prime

TRICARE Reserve Select

- General Plan Information
- Eligibility
- Enrollment Premiums
- Enrolling in TRICARE Reserve Select
- Enrollment Effective Dates
- Qualifying Life Events
- Adding a Family Member
- Status Change
- Survivor Coverage
- Moving with TRICARE Reserve Select
- Disenrolling from TRICARE Reserve Select

TRICARE Retired Reserve

- General Plan Information
- Eligibility
- Enrollment Premiums
- Enrolling in TRICARE Reserve
- Enrollment Effective Dates
- Qualifying Life Events
- Adding a Family Member
- Survivor Coverage
- Moving with TRICARE Retired
- Disenrolling from TRICARE Ret

TRICARE Young Adult

- General Plan Information
- Eligibility
- Coverage Available
- Enrollment Premiums
- Enrolling in TRICARE Young Adult
- Enrollment Effective Dates
- Change in Status
- Survivor Coverage
- Moving with TRICARE Young Adult
- Disenrolling from TRICARE Young Adult

Scroll down until you see TRICARE Reserve Select options and choose Disenrolling from TRICARE Reserve select.

# Under the Disenrolling option select **RC Request Form** in first paragraph: **Voluntary disenrollment:**

without a break in coverage. You will be able to maintain survivor benefits for six months. A letter will be sent from the Defense Manpower Data Center (DMDC) with instructions on updating or ending your

benefits and payments are still required within the premiums may change. If there is only one person two or more people remain enrolled in the plan, you

of your sponsor's passing, you have 60 days to request a DMDC Reserve Component Purchased TRICARE Federal Services, LLC:

## Moving with TRICARE Reserve Select

When moving, TRS members need to update **DEERS** with the new address and telephone number.

Members who change regions should contact the previous contractor to stop the current EFT or RCC and start a new EFT or RCC in the new region.

## Disenrolling

**Voluntary disenrollment:** To voluntarily disenroll from TRS, you must submit an **RC Request Form** that requests termination of coverage. Coverage is terminated on the last day of the month in which the form is postmarked or received. You may also request a future termination date, effective the last day of the following month.

If you gain other TRICARE eligibility under a family member, you may voluntarily disenroll without being locked out. All other disenrollment requests are subject to a 12-month lockout.

**Nonpayment:** You may also be disenrolled from TRS for failure to pay the required premiums. If the TRS premiums are not received within 30 days from the due date, you will be disenrolled for failure to pay. If you are involuntarily disenrolled for failure to pay, there will be a 12-month TRS purchase lockout. You will be eligible to re-enroll one year after the disenrollment date.

**Loss of eligibility:** Events that result in loss of eligibility must be processed through your reserve component's unit or personnel office. You do not need to submit an RC Request Form and unused enrollment premiums will be refunded automatically.

https://www.dmdc.osd.mil/appj/trs/index.jsp

RCPTA: Select Login

File Edit View Favorites Tools Help

Suggested Sites eCFR — Child Support eCFR — Code of Federal R... 5 U.S.C. 552a - Records m... Home - 371STB

**DMDC** Serving Those Who Serve Our Country

## DMDC Reserve Component Purchased TRICARE Application (RCPTA)

[View User Manual](#)

### Welcome to RCPTA!

DMDC Reserve Component Purchased TRICARE Application (RCPTA) is a premium-based health plan for qualified National Guard and Reserve members and their families.

**Please select an authentication type and click on the Continue button**

- RC Member (CAC, DFAS Account, DS Logon)
- Verifying Officer

[Continue](#)

If you have questions regarding your TRICARE Reserve Select eligibility, please contact your Reserve Representative at <http://ra.defense.gov/html/tricare.html>. For technical assistance or to report system problems with this site please call the DMDC Support Center at 1-800-477-8227.

Version: 4.1.15

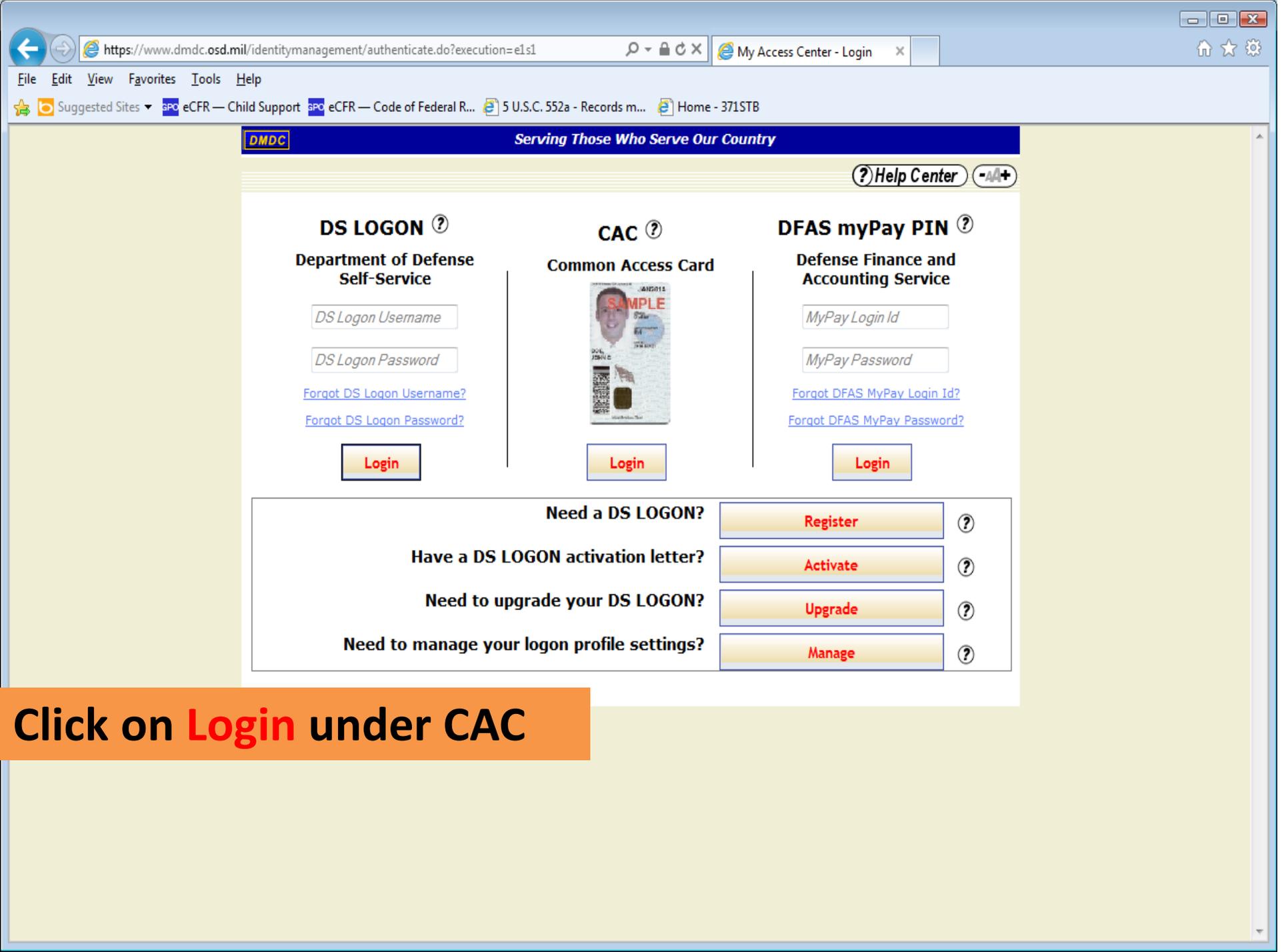
**You should see this screen automatically pop up.**

**If not type**

**<https://www.dmdc.osd.mil/appj/trs/index.jsp>**

**Into the browser address, then click **Continue****

**You will need your CAC to access the site.**



**DS LOGON** [?](#)  
Department of Defense  
Self-Service

[Forgot DS Logon Username?](#)

[Forgot DS Logon Password?](#)

**Login**

**CAC** [?](#)  
Common Access Card



**Login**

**DFAS myPay PIN** [?](#)  
Defense Finance and  
Accounting Service

[Forgot DFAS MyPay Login Id?](#)

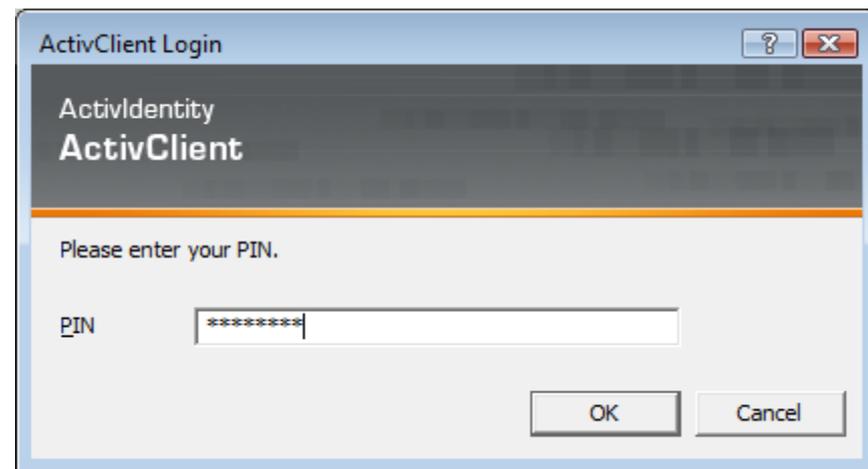
[Forgot DFAS MyPay Password?](#)

**Login**

<b>Need a DS LOGON?</b>	<b>Register</b> <a href="#">?</a>
<b>Have a DS LOGON activation letter?</b>	<b>Activate</b> <a href="#">?</a>
<b>Need to upgrade your DS LOGON?</b>	<b>Upgrade</b> <a href="#">?</a>
<b>Need to manage your logon profile settings?</b>	<b>Manage</b> <a href="#">?</a>

**Click on **Login** under CAC**

**Enter your CAC PIN then  
click OK**



The image shows a screenshot of a Windows dialog box titled "ActivClient Login". The dialog box has a blue title bar with a question mark icon and a close button. The main content area has a dark grey header with the text "ActivIdentity" and "ActivClient" in white. Below the header, the text "Please enter your PIN." is displayed. There is a text input field with the label "PIN" to its left. The input field contains seven asterisks "\*\*\*\*\*" and a cursor is visible at the end. At the bottom right of the dialog box, there are two buttons: "OK" and "Cancel".

**This will take you to the DMDC site. This site will only show your information and we will not be able to see your personal information. You will be able to fill out the RC Request Form and submit that to TRICARE. For assistance you will need to call HNFS 877-874-2273**