

www.tricare.mil/trs

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TRICARE Reserve Select (TRS)

TRICARE Reserve Select (TRS) is a premium-based health plan available worldwide for qualified Selected Reserve members of the Ready Reserve and their families.

Eligible Beneficiaries

TRICARE Reserve Select is available to the Ready Reserve (and their families) who meet the following criteria:

- Not on active duty orders
- Not covered under the Transitional Assistance
- Not eligible for or enrolled in the FEHB (or Title 5 U.S.C.) or currently covered under TRICARE Reserve Select eligibility or through a family member.

Note: Those members in the Individual Ready Reserve Voluntary Training Units (VTU) do not qualify to purchase TRICARE Reserve Select.

Availability

Worldwide

Coverage

TRICARE Reserve Select provides comprehensive health coverage including:

- Emergency Care
- Outpatient Visits
- Preventive Care (wellness exams, immunizations, etc.)
- Hospitalization
- Maternity Care
- Mental/Behavioral health
- Prescriptions

Your Contacts

North-Health Net
1-877-TRICARE
(1-877-874-2273)
www.hnfs.com

Overseas-International SOS

Country-specific toll-free numbers
www.tricare-overseas.com

[View More Contacts](#)

Related Web Sites

- Reserve Component Purchased TRICARE Application
- Guard-Reserve Points of Contact

Click on www.hnfs.com or type the address into the browser



Committed to Providing
Quality Health Care Services

✓ **TRICARE® North Region**

I'm a Beneficiary

I'm a Provider

I'm a Department of Defense
Member

Log In or Register

[Learn More](#)

✓ **Department of Veterans
Affairs**

Recovery Aug

Community Based Outpatient
Clinics

Rural Mental Health

[Learn More](#)

✓ **Products and Services**

Behavioral Health

State Programs

OHS Direct Clinical Services

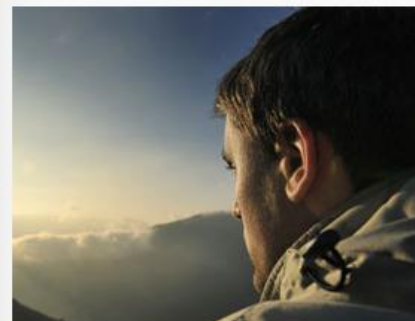
[Learn More](#)

Click on I'm a Beneficiary

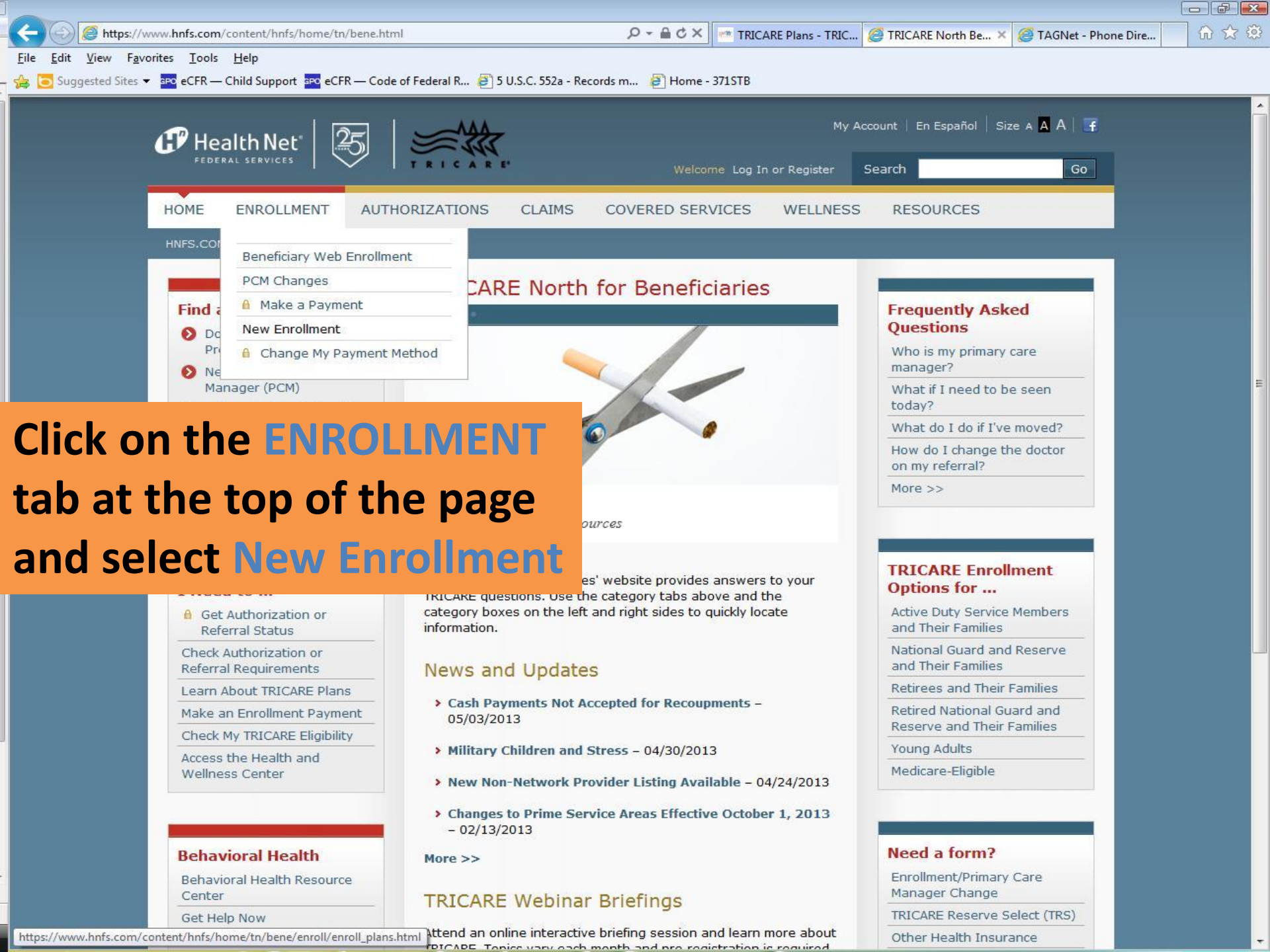
Latest News

- **Health Net Federal Services Earns Center of Excellence Certification from BenchmarkPortal** 4/30/2013
- **Health Net Working to Reduce High Rates of Diabetes Among Hispanics** 4/08/2013
- **Health Net Federal Services Sponsors National Disabled Veterans Winter Sports Clinic in Snowmass Village, Colorado** 4/01/2013
- **New Online Authorization and Referral Tools Coming in April** 3/25/2013
- **Health Net Urges Parents to Start Children's Healthy Eating Habits While They're Young** 3/07/2013
- **Health Net Federal Services Hosts Month-Long Colorectal Cancer Awareness Campaign Among Military Communities** 3/05/2013

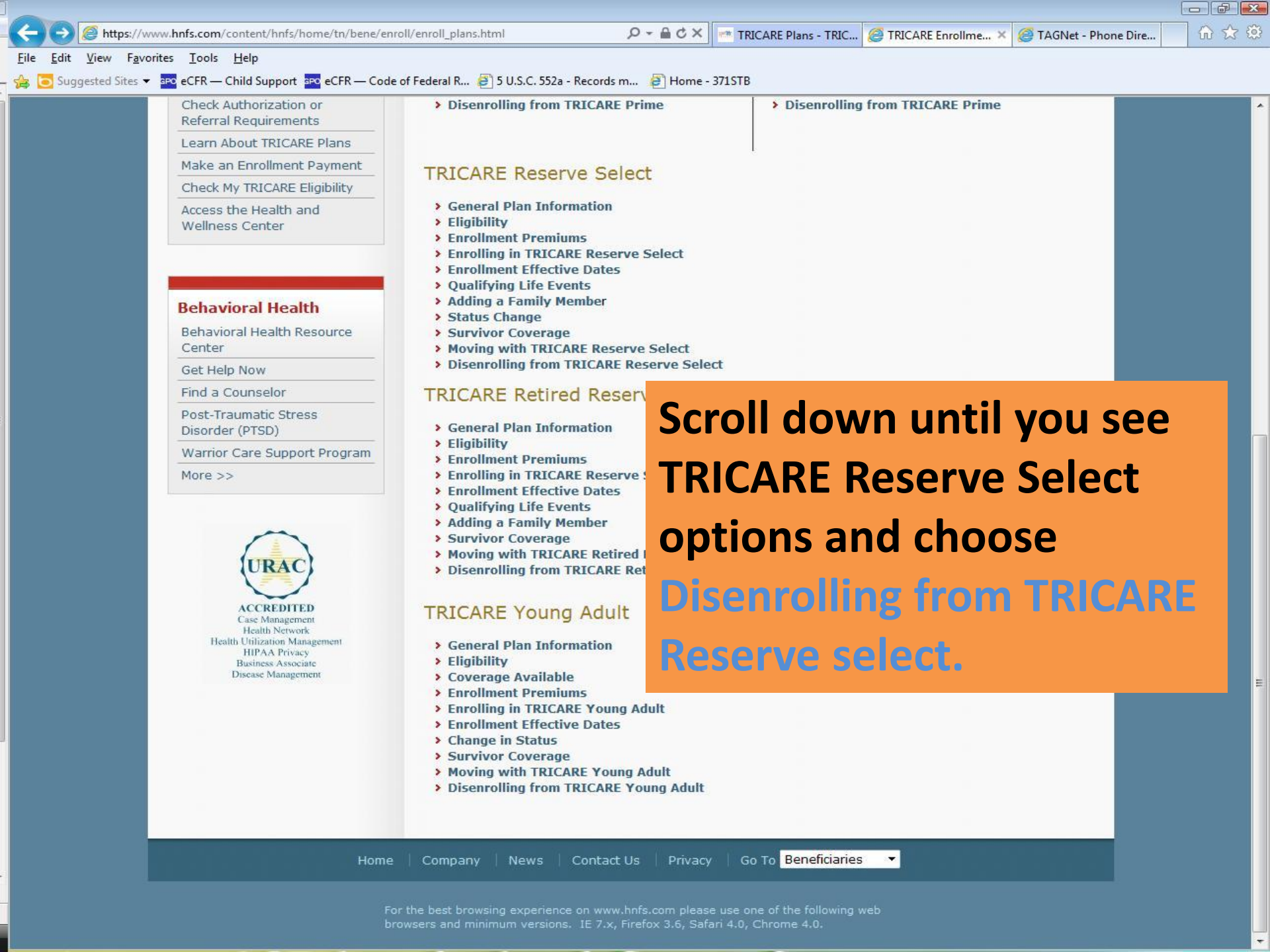
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May Is Mental Health Month



Click on the **ENROLLMENT** tab at the top of the page and select **New Enrollment**



- [Check Authorization or Referral Requirements](#)
- [Learn About TRICARE Plans](#)
- [Make an Enrollment Payment](#)
- [Check My TRICARE Eligibility](#)
- [Access the Health and Wellness Center](#)

Behavioral Health

- [Behavioral Health Resource Center](#)
- [Get Help Now](#)
- [Find a Counselor](#)
- [Post-Traumatic Stress Disorder \(PTSD\)](#)
- [Warrior Care Support Program](#)
- [More >>](#)



Disenrolling from TRICARE Prime

TRICARE Reserve Select

- [General Plan Information](#)
- [Eligibility](#)
- [Enrollment Premiums](#)
- [Enrolling in TRICARE Reserve Select](#)
- [Enrollment Effective Dates](#)
- [Qualifying Life Events](#)
- [Adding a Family Member](#)
- [Status Change](#)
- [Survivor Coverage](#)
- [Moving with TRICARE Reserve Select](#)
- [Disenrolling from TRICARE Reserve Select](#)

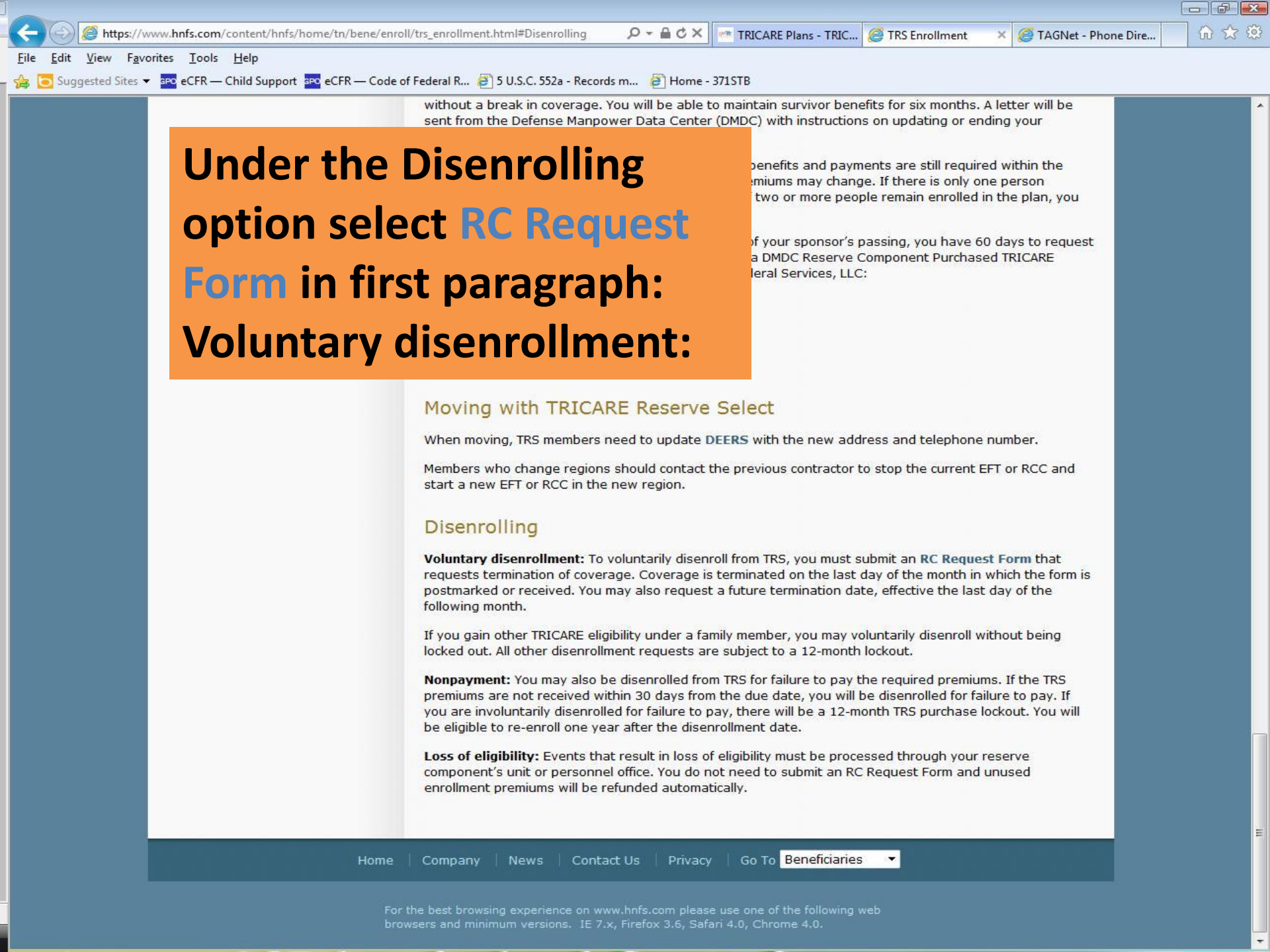
TRICARE Retired Reserve

- [General Plan Information](#)
- [Eligibility](#)
- [Enrollment Premiums](#)
- [Enrolling in TRICARE Reserve Select](#)
- [Enrollment Effective Dates](#)
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TRICARE Young Adult

- [General Plan Information](#)
- [Eligibility](#)
- [Coverage Available](#)
- [Enrollment Premiums](#)
- [Enrolling in TRICARE Young Adult](#)
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- [Disenrolling from TRICARE Young Adult](#)

Scroll down until you see
TRICARE Reserve Select
options and choose
Disenrolling from TRICARE
Reserve select.



Under the Disenrolling
option select **RC Request
Form** in first paragraph:
Voluntary disenrollment:

without a break in coverage. You will be able to maintain survivor benefits for six months. A letter will be sent from the Defense Manpower Data Center (DMDC) with instructions on updating or ending your

benefits and payments are still required within the premiums may change. If there is only one person two or more people remain enrolled in the plan, you

of your sponsor's passing, you have 60 days to request a DMDC Reserve Component Purchased TRICARE General Services, LLC:

Moving with TRICARE Reserve Select

When moving, TRS members need to update **DEERS** with the new address and telephone number.

Members who change regions should contact the previous contractor to stop the current EFT or RCC and start a new EFT or RCC in the new region.

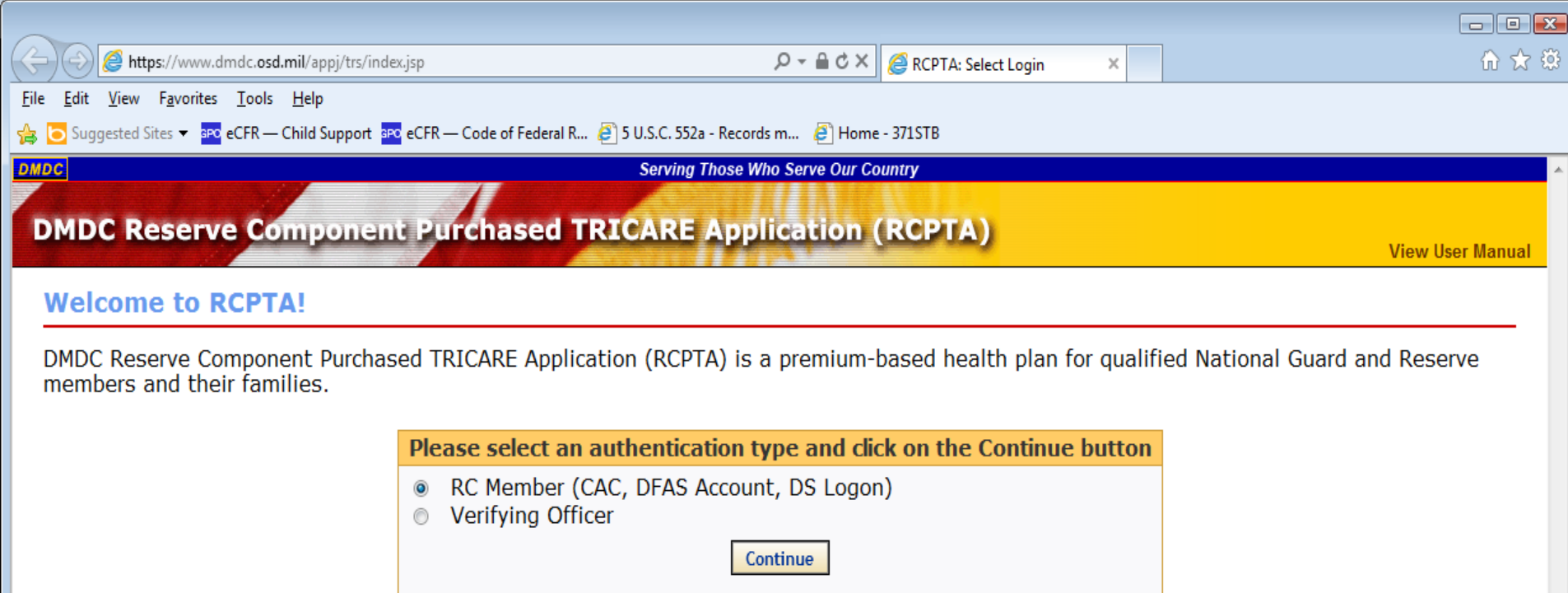
Disenrolling

Voluntary disenrollment: To voluntarily disenroll from TRS, you must submit an **RC Request Form** that requests termination of coverage. Coverage is terminated on the last day of the month in which the form is postmarked or received. You may also request a future termination date, effective the last day of the following month.

If you gain other TRICARE eligibility under a family member, you may voluntarily disenroll without being locked out. All other disenrollment requests are subject to a 12-month lockout.

Nonpayment: You may also be disenrolled from TRS for failure to pay the required premiums. If the TRS premiums are not received within 30 days from the due date, you will be disenrolled for failure to pay. If you are involuntarily disenrolled for failure to pay, there will be a 12-month TRS purchase lockout. You will be eligible to re-enroll one year after the disenrollment date.

Loss of eligibility: Events that result in loss of eligibility must be processed through your reserve component's unit or personnel office. You do not need to submit an RC Request Form and unused enrollment premiums will be refunded automatically.



If you have questions regarding your TRICARE Reserve Select eligibility, please contact your Reserve Representative at <http://ra.defense.gov/html/tricare.html>. For technical assistance or to report system problems with this site please call the DMDC Support Center at 1-800-477-8227.

Version: 4.1.15

You should see this screen automatically pop up.

If not type


<https://www.dmdc.osd.mil/appj/trs/index.jsp>

Into the browser address, then click [Continue](#)

You will need your CAC to access the site.

Browser window showing the DMDc website (https://www.dmdc.osd.mil/identitymanagement/authenticate.do?execution=e1s1). The page header includes "Serving Those Who Serve Our Country" and a "Help Center" link.

The main content area is divided into three columns:

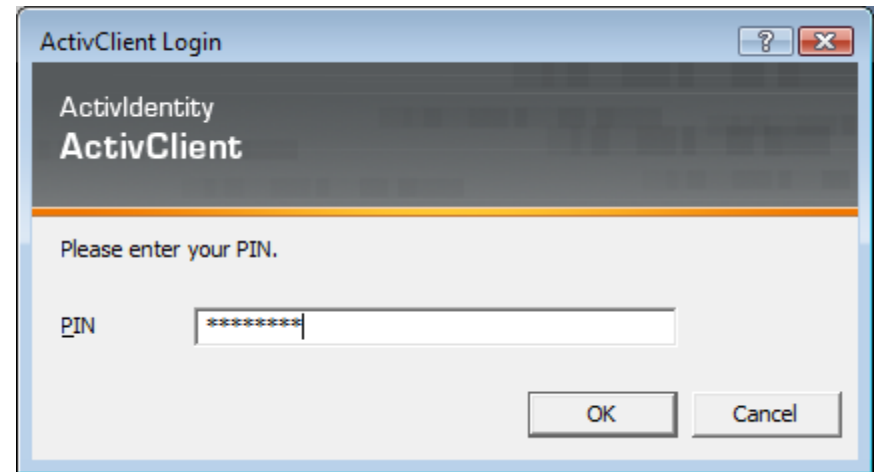
- DS LOGON ?**
Department of Defense Self-Service
Fields: ,
[Forgot DS Logon Username?](#)
[Forgot DS Logon Password?](#)
- CAC ?**
Common Access Card

- DFAS myPay PIN ?**
Defense Finance and Accounting Service
Fields: ,
[Forgot DFAS MyPay Login Id?](#)
[Forgot DFAS MyPay Password?](#)

Below the login sections, there is a table for DS LOGON options:

Need a DS LOGON?	<input type="button" value="Register"/>	?
Have a DS LOGON activation letter?	<input type="button" value="Activate"/>	?
Need to upgrade your DS LOGON?	<input type="button" value="Upgrade"/>	?
Need to manage your login profile settings?	<input type="button" value="Manage"/>	?

Click on **Login** under CAC

**Enter your CAC PIN then
click OK**



This will take you to the DMDC site. This site will only show your information and we will not be able to see your personal information. You will be able to fill out the RC Request Form and submit that to TRICARE. For assistance you will need to call HNFS 877-874-2273